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# Small Group Launch Weekend

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## TRUTH:

You are a \_\_\_\_\_ being created in the image  
of a \_\_\_\_\_ God.

## Science proves it:

The Surgeon General reports that a lack of social connection carries a mortality risk comparable to smoking 15 cigarettes a day.

Social isolation increases your risk for heart disease by 29%, your risk of a stroke by 32%, and your risk of developing dementia by a whopping 50%.

## The Bible teaches it:

*"It is not good for the man to be alone."*

**Genesis 2:18 (NIV)**

*Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.*

**Ecclesiastes 4:9-12 (NIV)**

*They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. Everyone was filled with awe at the many wonders and signs performed by the apostles. All the believers were together and had everything in common. They sold property and possessions to give to anyone who had need. Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved.*

**Acts 2:42-47 (NIV)**

## Our whole lives fight against it:

1. \_\_\_\_\_

*"Beware of the barrenness of a busy life."*

– Socrates

2. \_\_\_\_\_

*"We expect more from technology and less from each other...Technology is seductive when what it offers meets our human vulnerabilities. And as it turns out, we are very vulnerable indeed. We are lonely, but fearful of intimacy."*

– Sherry Turkle, *Alone Together*

3. \_\_\_\_\_

*"You can't follow Jesus alone. Not 'shouldn't'; can't. It's not even an option. Jesus didn't have a disciple; he had disciples, plural. He called people to apprentice under him in community."*

– John Mark Comer, *Practicing the Way*

## So, what are we to do about it?

\_\_\_\_\_ for intentional community.



SCAN HERE TO ACCESS YOUR DIGITAL PROGRAM AND TAKE NEXT STEPS.