

# IDENTITY CRISIS

## TALK IT OVER

### Chosen To Be Made Alive!

Identity Crisis Part 5

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If you would like to watch the weekend message, visit [www.saddleback.com/watch](http://www.saddleback.com/watch).

Open your group in prayer and remember that this is only a guide. Feel free to discuss each of the questions provided or simply dive deeper into just one. Before you close with prayer, take a few minutes to look over the Three Essential Questions toward the end of the document.

### Scriptures

Ephesians 2:1-5 (NIV); Romans 3:23-24, 6:23-24, 12:11; John 10:10, 14-27

### Questions:

1. According to Ephesians 2:1, Romans 3:23 and 6:23, what does it mean to be “spiritually dead” even while physically alive? How have you seen this reality in your own life or in the world around you?
2. Are you becoming more like Jesus? Why is it important to acknowledge our spiritual condition before Christ? What happens when we ignore or minimize our brokenness?
3. What stands out to you about God’s response to our spiritual death in Ephesians 2:4-5? “But because of his great love for us...” How have you experienced God’s mercy and grace personally?
4. Using Romans 3:24 and Romans 6:23, how would you explain the difference between earning salvation and receiving it? Why is it sometimes hard for people to accept grace as a gift?
5. According to John 10:10, Jesus came to give us abundant life. What does that “full life” look like to you? How is that different from what the world defines as “a full life”?
6. Which of the four signs of living fully alive (Purpose, Passion, Power, Peace) do you feel strongest right now? Which one do you need to grow in? How alive are you?

7. Where in your life are you still living as though you are spiritually dead—even though you've been made alive in Christ? What is one area you want to surrender to God this week?
8. If your passion for the good news has diminished, what is getting in the way of that passion? How can you intentionally live with more purpose and passion in your daily life?
9. Who in your life needs to hear that they can go from spiritually dead to fully alive in Christ? How can you share this message with them?

## Three Essential Questions

The following questions are intended to be open-ended and encourage members to consider how they felt and what they, or the group, can do as a result of hearing the message.

1. **What did you hear?** *What point in this message was most impactful for you?*
2. **What do you think?** *How did this message challenge, change, or affirm your thinking?*
3. **What will you do?** *How will you or your group put into practice what you've learned today?*

## Small Group Action Steps

1. Consider taking the Group Health Assessment in your small group. This assessment will help you see how your small group is balancing the five purposes and will give you suggested next steps for each purpose. Click here to take the Group Health Assessment:  
<https://saddleback.com/connect/smallgroups#spiritualCheckup>
2. Did you know that Saddleback produces many new small group studies each year? Visit <https://saddleback.com/studies> to check out Saddleback's ever-growing library of small group curricula.

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Are you interested in the Bible and in helping small groups benefit from the weekend message? Well, you are in luck! Saddleback members like you create these discussion guides each week. If you are interested in joining the team, please email [Maturity@saddleback.com](mailto:Maturity@saddleback.com)